



**Wednesday, March 29, 2017**  
**Training Schedule**  
**Age Group 1/2 Junior/Senior Elite**

Floor 1	Floor 2	Competition	Club
8:00 - 8:30	8:30 - 9:00	9:00 - 10:00	TA/OF
9:00 - 9:30	9:30 - 10:00	10:00 - 11:00	SXL/CALG/IGC/GM
10:00-10:30	10:30 - 11:00	11:00 - 12:00	RGA/UTS
11:00 -11:30	11:30 - 12:00	12:00 - 13:00	Gym Beat/CCG/LATA/1st Class
12:00 -12:30	12:30 - 13:00	13:00 - 14:15	Richmond /AGSA/Paramont
13:30 -14:00	14:00 - 14:30	14:30 - 15:15	CalElite/Flip Force/GOSA/SMA
14:15 -14:45	14:45 - 15:15	15:15 - 16:15	XTR/NSA/SPC/CQP
15:15 -15:45	15:45 - 16:15	16:15 - 17:15	AE/Aspire/OGC/NOLA
16:15 -16:45	16:45 - 17:15	17:15 - 18:15	BGC/AGSAM/AGSA(11-16)/Sirius/TAAG
17:15 -17:45	17:45 - 18:15	18:15 - 19:30	Realis/EAGC
18:30 -19:00	19:00 - 19:30	19:30 - 20:30	ATA/Legacy/WCTC